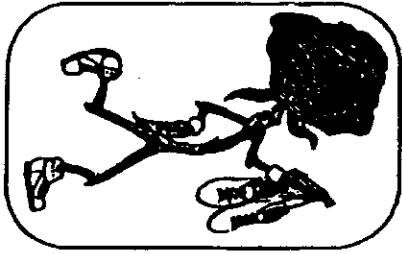


# 2019

## 36th ANNUAL

# RUN FOR THE ROSES



## 5K RUN/WALK

A Mississippi Track Club Grand Prix Event

### Prentiss, MS

www.runfortheroses5k.com

## Saturday, April 20, 2019

### 8:00 A.M.

**\$500 CASH AWARD**  
to Male & Female who  
break the 5K course record.

Course Records: Male 15:03; Female 18:15

## SPONSORED BY

ALFA Insurance

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Detach and mail to: RUN FOR THE ROSES, P.O. BOX 1344, PRENTISS, MS 39474

(Please make checks payable to Run for the Roses)

OR REGISTER ON LINE @www.runfortheroses5k.com

Participants must register by APRIL 12, 2019 to guarantee a T-Shirt.

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ Birth date (M/D/Y) \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email address \_\_\_\_\_

Circle T-Shirt Size: ADULT S M L XL XXL CHILD S M

**WAIVER:** In consideration of the acceptance of my entry, I, for my self, my executors, administrators, and assignees do hereby release and discharge the Race Committee, the Mississippi Track Club, Inc., and all others from all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in this athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this race.

PLEASE MARK THE EVENT YOU WISH TO ENTER: Signature: \_\_\_\_\_

Parent's Signature if under 18 years of age

( ) 5-K Run - \$20.00 Preregistered or (\$25.00 Raceday)

( ) 5-K Walk - \$20.00 Preregistered or (\$25.00 Raceday)

( ) 1 Mile Fun Run/Walk-\$10.00 Preregistered or (\$15.00 Raceday)

( ) 1/4 Mile Preschool Run - \$10.00 Preregistered or (\$15.00 Raceday)

( ) 5-K Walk Team Preregistration only - (5 member team - \$60.00; Individual Entry Fees Waived)

Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_

#### GENERAL INFORMATION

Visit us on-line at [www.runfortheroses5k.com](http://www.runfortheroses5k.com) for more information and registration or contact the Race Director at 601-792-5741 or 601-792-5196. Proceeds from the race are used to support college scholarships and community improvements. No pets allowed on the race course.

#### AWARDS

T-shirts with race logo guaranteed to all PRE-REGISTERED PARTICIPANTS by APRIL 1, 2019. Participants registering on race day will receive a T-shirt as long as supplies last. Bouquets for Overall, Masters and Grandmasters female winners. Polk's Meats Old World Polish Sausage Dogs for all finishers. WJDR-FM will provide a weekend for two to a participant in the 5-K Run/Walk. Winner to be selected by random drawing.

Oldest participant - award (any event)

#### 5-K RUN/WALK

- Overall Winner - Male and Female  
Award & \$100 Cash
- Masters Winner - Male & Female  
Award & \$50 Cash
- Grandmasters Winner - Male & Female  
Award & \$50 Cash
- Best Jeff Davis County Runner  
Male & Female Award & \$50.00 Cash
- 1st, 2nd, & 3rd Place Awards  
in each age division.

#### 5K Run Age Divisions

Male & Female: 9 and under, 10-14, 15-19, 20-24,  
25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59,  
60-64, 65-69, 70 & up

#### 5K Walk Age Divisions

Male & Female: 19 & under, 20-29, 30-39,  
40-49, 50-59, 60-69, 70 & up

5 Member Walking Teams  
1st, 2nd & 3rd Place Awards

All events timed by MS Track Club.

**TEAM COMPETITION:** Five member teams may compete in the 5-K walk only.

**TEAM REGISTRATION:** Registration fee for a five member team is \$60.00, with individual entry fee waived. A team will consist of five members with the first three scored. Individual team registration forms must be submitted together with registration fee and name of team and captain. Team changes allowed by team captains only. **NO TEAM CHANGES ON RACE DAY.**

#### 1 MILE RUN/WALK

Overall Winner - Male & Female - Award  
Top 3 finishers in each age group - Award  
Male & Female: 0-5, 6-7, 8-9, 10-11, 12-13, 14-15  
Top two finishers in each age  
group-regardless of sex  
16-19, 20-29, 30-39, 40-49, 50-59, 60 & up

Ribbons to finishers as long as supplies lasts.  
Participants must be registered in an event to win an award.

An award will be presented to the school with the most participants.

#### 1/4 MILE PRESCHOOL RUN

Ribbons to all participants  
as long as supplies lasts.  
This event is limited to children  
6 years of age and under.

**\$500 CASH**

**AWARD**

**Break the 5K**

**Course Record!**