

**11th Annual
Fill Your Heart . . .
for Cystic Fibrosis
April 7, 2018
Summit, MS
5K Run - Men**

Overall: Jason Watts 16:33

19 & Under: Richard Rieger II 29:57

20-29: Thornburn McGee 19:01, Andrew Doty 23:12,
Matthew Alexander 28:24

30-39: Jim Goode 18:33, Zack Smith 22:06

40-49: Talmadge Blalock 22:47, Matt Calhoun 24:01,
Jason Howell 28:23

50-59: Joe Elliott 25:20, Landon Woodall 26:20, Gary
Heim 28:43

60 & Over: Vince Woodcock 24:15, Harold Poole
25:40

5K Run - Women

Overall: Brittany Polk 23:59

30-39: Allie Seay 30:01, Jessica Powell 30:02, Amy
Gaskin 33:43

40-49: Kim Saucier 34:09, Nikkia Woodard 38:30

50-59: Lisa Adams 29:58, Gena Thompson 33:52

60 & Over: Charlene Priester 35:06, Kathleen Phelps
40:35

5K Walk - Men

Overall: Curtis Benton 37:08

19 & Under: Sharpe Walker 42:47

40-49: Darin Ballard 46:59

50-59: Thomas Sharkey 37:16

60 & Over: D.P. Scarborough 39:45

5K Walk - Women

Overall: Sonja Dufrene 37:49

20-29: Brittany Doty 47:55

30-39: Kandis Wilkinson 51:08

40-49: Savina Lewis 48:16, Samantha Anderson 48:14,
Dino Jones 49:06

50-59: Deanna Boyles 42:58, Darcus Walker 46:40,
Sandra Bellipanni 51:07

60 & Over: Mary Felder 46:34, Barbara Walker
46:37, Anna Brown 46:41

One Mile - Male

Overall: Alex Brown 4:39

Top 3: Joe Whittington 4:59, Jay Alldredge 8:58, Ethan
Duck 9:35

5K Run Teams

1. Barnabus 1 54:07

Jason Watts, Jim Goode, Thornburn McGee, Zack Smith

2. Barnabus 2 1:12:22

Talmadge Blalock, Vince Woodcock, Joe Elliott, Harold
Poole, Gary Heim

3. Crossfit 1:19:30

Andrew Doty, Landon Woodall, Lisa Adams, Amy
Gaskin, Gena Thompson

5K Walk Teams

1. Twisted Energy 2:00:32

Sonja Dufrene, D.P. Scarborough, Deanna Boyles, Darcus
Walker

2. Trustmark 2:30:29

Samantha Anderson, Sandra Bellipanni, Kandis
Wilkinson

COMPLETE 5K RUN RESULTS

Place	Name	Age	Time	Pace	Grade
1	Jason Watts	21M	16:33	5:21	16:30
2	Jim Goode	37M	18:33	6:00	17:56
3	Thornburn McGee	25M	19:01	6:09	19:01
4	Zack Smith	34M	22:06	7:08	21:45
5	Talmadge Blalock	43M	22:47	7:21	21:04
6	Andrew Doty	29M	23:12	7:30	23:11

7	1	Brittany Polk	36F	23:59	7:45	23:39
8	2	Matt Calhoun	45M	24:01	7:45	21:52
9	1	Vince Woodcock	61M	24:15	7:50	19:20
10	1	Joe Elliott	50M	25:20	8:11	22:10
11	2	Harold Poole	68M	25:40	8:17	19:12
12	2	Landon Woodall	50M	26:20	8:30	23:03
13	3	Jason Howell	48M	28:23	9:10	25:14
14	4	Matthew Alexander	21M	28:24	9:10	28:18
15	3	Gary Heim	52M	28:43	9:16	24:43
16	4	Stacy Saucier	53M	29:29	9:31	25:11
17	1	Richard Rieger II	19M	29:57	9:40	29:20
18	1	Lisa Adams	52F	29:58	9:40	25:34
19	2	Allie Seay	38F	30:01	9:41	29:20
20	3	Jessica Powell	32F	30:02	9:42	29:58
21	4	Amy Gaskin	36F	33:43	10:53	33:15
22	2	Gena Thompson	53F	33:52	10:56	28:31
23	1	Kim Saucier	47F	34:09	11:01	30:59
24	1	Charlene Priester	66F	35:06	11:20	24:35
25	2	Nikkia Woodard	42F	38:30	12:26	36:38
26	2	Kathleen Phelps	65F	40:35	13:06	28:52

COMPLETE 5K WALK RESULTS

Place	Name	Age	Time	Pace	Grade
1	Curtis Benton	40M	37:08	11:59	35:06
2	Thomas Sharkey	58M	37:16	12:02	30:30
3	Sonja Dufrene	46F	37:49	12:12	34:41
4	D.P. Scarborough	74M	39:45	12:50	27:32
5	Sharpe Walker	11M	42:47	13:49	36:05
6	Deanna Boyles	50F	42:58	13:52	37:35
7	Savina Lewis	46F	43:16	13:58	39:41
8	Mary Felder	68F	46:34	15:02	31:36
9	Barbara Walker	74F	46:38	15:03	28:36
10	Darcus Walker	56F	46:40	15:04	37:47
11	Anna Brown	67F	46:41	15:04	32:11
12	Darin Ballard	43M	46:59	15:10	43:25
13	Brittany Doty	26F	47:55	15:28	47:55
14	Samantha Anderson	40F	48:14	15:34	46:34
15	Dino Jones	47F	49:06	15:51	44:33
16	Sandra Bellipanni	58F	51:07	16:30	40:16
17	Kandis Wilkinson	35F	51:08	16:30	50:37
18	Sylvia Rieger	83F	55:01	17:45	27:49

COMPLETE ONE MILE RESULTS

Place	Name	Age	Time
1	Alex Brown	23M	4:39
2	Joe Whittington	11M	4:59
3	Jay Alldredge	9M	8:58
4	Ethan Duck	10M	9:35
5	Kash Powers	12M	10:23