

**Twisted Family Fitness  
SUPERHERO RUN/WALK  
May 13, 2017  
Jackson, Miss.  
5K Run - Men**

**Overall:** Tom Rich 21:22  
**Masters:** Bradley Monk 25:59  
**Grand Masters:** Charlie Minor 34:17  
**19 & Under:** Bobby Guillory 32:28, Dylan Barker 44:59

**30-39:** Chris Winters 28:01  
**40-49:** Sherrid Griffin, Jr. 28:57, Markeith Mack 30:47  
**5K Run - Women**

**Overall:** Amanda Welch 28:00  
**Masters:** Jackie Simpson 34:34  
**Grand Masters:** Rowena Bankie 33:52  
**19 & Under:** Mary Raley 44:58  
**30-39:** Erica Whitlock 35:45, Latoya Wilson 37:22, Jamie Collins 38:09  
**40-49:** Elaine Martin 47:11

**5K Walk - Men**

**Overall:** Marcus Monger 33:02  
**Grand Masters:** Caesar Hamilton 35:05  
**30-39:** Eric Pendleton 47:56  
**50-59:** Thomas Sharkey 36:50  
**60-69:** Roger Wiseman 37:54  
**70 & Over:** Eugene Pennington 36:51

**5K Walk - Women**

**Overall:** Deanna Boyles 40:01  
**Masters:** Stacy Nelson 47:47  
**Grand Masters:** Debra Kinser 40:45  
**30-39:** Charmaine Porter 52:11  
**40-49:** Marilyn Reed 53:19  
**50-59:** Charleen Mitchell 52:10  
**60-69:** Kathleen Phelps 44:56  
**70 & Over:** Anne Webster 46:37, Myra Young 46:47, Sylvia Rieger 54:19

**One Mile - Male**

**Overall:** Bobby Guillory 9:13  
**5 & Under:** Isiah Adams 12:52, Kyler Henderson 13:00, Jaelyn Cooper 13:14  
**6-7:** Eli Adams 13:09

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**COMPLETE 5K RUN RESULTS**

Place	Name	Age	Time	Pace	Grade
1	1 Tom Rich	42M	21:22	6:54	19:54
2	2 Bradley Monk	42M	25:59	8:23	24:12
3	1 Amanda Welch	31F	28:00	9:02	27:59
4	1 Chris Waiters	34M	28:01	9:03	27:35
5	3 Sherrid Griffin, Jr.	43M	28:57	9:21	26:45
6	4 Markeith Mack	46M	30:47	9:56	27:48
7	1 Bobby Guillory	9M	32:28	10:29	25:37
8	1 Rowena Bankie	62F	33:52	10:56	25:12
9	1 Charlie Minor	71M	34:17	11:04	24:48
10	1 Jackie Simpson	48F	34:34	11:10	31:00
11	2 Erica Whitlock	32F	35:45	11:32	35:40
12	3 Latoya Wilson	34F	37:22	12:04	37:06
13	4 Jamie Collins	31F	38:09	12:19	38:07
14	1 Mary Raley	17F	44:58	14:31	44:02
15	2 Dylan Barker	18M	44:59	14:31	43:30
16	2 Elaine Martin	47F	47:11	15:14	42:48

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**COMPLETE 5K WALK RESULTS**

Place	Name	Age	Time	Pace	Grade
1	1 Marcus Monger	36M	33:02	10:40	32:09
2	1 Caesar Hamilton	62M	35:06	11:20	27:45
3	1 Thomas Sharkey	57M	36:50	11:53	30:25
4	1 Eugene Pennington	73M	36:51	11:54	25:55
5	2 Roger Wiseman	62M	37:54	12:14	29:57
6	1 Deanna Boyles	49F	40:01	12:55	35:27
7	1 Debra Kinser	62F	40:45	13:09	30:19

8	2 Kathleen Phelps	64F	44:56	14:30	32:27
9	2 Anne Webster	70F	46:37	15:03	30:37
10	3 Myra Young	70F	46:47	15:06	30:44
11	2 Stacey Nelson	47F	47:47	15:25	43:21
12	2 Eric Pendleton	39M	47:56	15:28	45:39
13	1 Charleen Mitchell	51F	52:10	16:50	45:04
14	1 Charmaine Porter	37F	52:11	16:50	51:14
15	3 Marilyn Reed	48F	53:19	17:12	47:48
16	4 Sylvia Rieger	82F	54:19	17:32	28:17

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**COMPLETE ONE MILE RESULTS**

Place	Name	Age	Time
1	1 Bobby Guillory	9M	9:13
2	1 Isiah Adams	5M	12:52
3	2 Kyler Henderson	5M	13:00
4	1 Eli Adams	6M	13:09
5	3 Jaelyn Cooper	5M	13:14