

Day in the Country 5k

**Pre-registration packet pickup
at FleetFeet in Ridgeland
Friday afternoon before the
race from 12:00 to 6:00**

**Saturday
Oct. 7 at 8 a.m.**

**Check in begins at 7:00 a.m.
on Race Day**

Directed By: Mississippi Track Club • www.mstrackclub.com
Register Online at www.active.com

Location

Chapel of the Cross Highway 463 West
less than one-half mile beyond Reunion.

Entry Fees

5K Run/Walk – \$25 pre-registration
by 9/30; \$30 after 10/1
One-Mile Fun Run – \$10 per person



Join us for our 5K Run/Walk and One-Mile Fun Run. Then, check out the legendary annual Day in the Country festival!

5K participants pre-registered by September 29th are guaranteed a tri-blend, Day in the Country 5k race shirt. Unique, beautiful medals will also be awarded (see age groups below). Additionally, the overall male and female winners will be awarded a one-layer, famous 63 Egg Cake – featured at A Day in The Country. Post-race fruit, food and drinks will also be available.

5K Run and Walk Divisions: Male & Female

| | |
|-------------------|-----------|
| Overall (1) | 30-39 (3) |
| Masters (1) | 40-49 (3) |
| Grand Masters (1) | 50-59 (3) |
| 19 & under (3) | 60-69 (3) |
| 20-29 (3) | 70 + (3) |

One-Mile Fun Run Boys & Girls

| |
|---------------|
| 5 & under (3) |
| 6-7 (3) |
| 8-9 (3) |
| 10-12 (3) |

Mail to: Chapel of the Cross • **Attention:** 5K Race • 674 Mannsdale Road, Madison, MS 39110
Register Online: www.active.com

Name: _____ Age (as of 10/7/17): _____ Sex: _____
City/State/Zip: _____
Phone Number: _____ Email: _____

T-Shirt Size (Circle): S M L XL XXL Event: 5K Run 5K Walk 1-Mile Fun Run

Waiver: In consideration of this entry acceptance, I hereby for myself, my heirs, executors and Administrators waive any and all rights and claims to damages I may have against Chapel of the Cross and any other individuals or entities, sponsors, organizers, race officials or volunteers of the 2017 Day in the Country 5K for injuries or illness which may directly or indirectly result from my participation. I further state I am in proper physical condition to participate in this event.

Participant's Signature: _____ Date: _____
Parent/Guardian (if under 18): _____ Date: _____

For more information: call 601.856.2593 or visit www.chapelofthecrossms.org