LEGAL BEAGLE 5K Run/Walk

USATF CERTIFIED COURSE (MS13003MS)

Sponsored by: *THE JACKSON YOUNG LAWYERS ASSOCIATION*
to benefit *THE MS VOLUNTEER LAWYERS PROJECT*

Saturday, March 11, 2017

Registration: 7:00 a.m.
Run/Walk Start: 8:15 a.m.

Like us on Facebook

Refreshments by Beagle Bagel! **A MS Track Club GRAND PRIX Event!** Door Prizes by Fleet Feet Sports!

Join Jackson Young Lawyers and other sponsors for this fun filled run/walk on the **OLD PHIDIPPIDES WATERMELON CLASSIC 5K (3.1 miles) COURSE**, a **flat and fast** USATF certified course through residential streets of Northeast Jackson. The run will start on Old Canton Road near the LeFleur Station Post Office and finish alongside the I-55 Kroger on Jacksonian Plaza. Run proceeds will benefit the Mississippi Volunteer Lawyers Project of the Mississippi Bar Association, which places pro bono cases for underprivileged people with volunteer lawyers. There will be awards for M / F runners and walkers for overall, masters, grand masters, and senior masters and top three awards for the standard 5 year age groups from under 14 to over 70 (10 year age groups in the walk). There will be a trophy for the firm or business with the most overall participants. The popular, long-sleeve Legal Beagle t-shirts are included in the race materials and are also available for sale without race entry. A one mile fun run will be held at 9:15 a.m. In the fun run, there will be awards for overall male and female, and top three awards in the following age groups: 5 & under, 6-7, 8-9, 10-12, & 13-15. **Race day registration will be held in the parking lot of Regions Bank alongside the I-55 Kroger (between the post office and the old Krystal). Packet pickup for pre-registered participants will be held from 3:00-6:00 p.m. at Fleet Feet Sports on Hwy. 51 in Ridgeland on Friday, March 10, 2017.**

****Team competition (5K run and walk only):** Teams may have 3 to 5 members, but only the top 3 finishers for each team will be scored. Please submit entry forms for each team member, and send all entries and fees in a single envelope. Each team must provide a team name. Team registration closes at 5:00 p.m. on **Wednesday, March 8, 2017**. Team registration fee is $70. Awards to top 3 teams in 5K run and walk.

***** Stroller division:** Awards for overall male and female (5K run only)!

For more information contact Abram Orlansky at 601-965-1993 or at aorlansky@watkinseager.com

REGISTRATION FORM

5K RUN: [ ] 5K WALK:[ ] 1 MILE FUN RUN: [ ] (children 15 and under)

Name:_____ Phone:(home)_____(work)_____

Address:_____

E-mail: _____

Date of Birth:_____ Age: (as of March 11, 2017)_____ Male:[ ] Female:[ ]

T-shirt size: YS[ ] S[ ] M[ ] L[ ] XL[ ] XXL ($2.00 extra)[ ]

Name of Participant's Firm or Business:_____ **Name of Team (if applicable):**_____

Cost: Pre-registered by cash/check (5K run and walk): $20; fun run: $12; online pre-registration via website: $21 ($13 for fun run)
Race Day (5K run and walk): $25
Race Day (fun run): $15
Team (pre-registration only) (5K run and walk only): $70
Family (5 maximum): $70
T-shirt only: $15

Make checks payable to:
Jackson Young Lawyers Assoc.

Release and Waiver

I, the undersigned, in consideration of acceptance of the entry and registration as participant in the Legal Beagle 5K, waive any and all claims which I and my heirs or assigns may now or hereafter have against Jackson Young Lawyers Association, its members, the Mississippi Track Club, Inc., Express Printing, Inc., Regions Bank, and all officials, volunteers and sponsors of the Legal Beagle 5K which may indirectly or directly result from my participation in the Legal Beagle 5K. I further warrant and represent that I am in proper physical condition to participate in the Legal Beagle 5K and am not participating in this event against physician's advice nor am I taking medications which would impair my health or ability to participate in the Legal Beagle 5K. By signing below, I certify that I understand this Release and Waiver.

Participant's Signature:_____ Date:_____

Signature of Parent or Guardian: (if participant is under 18):_____

Mail Registration Forms to: Watkins & Eager, c/o Abram Orlansky, P.O. Box 650, Jackson, MS 39205

or visit www.jacksonyounglawyers.com to register online beginning January 15, 2017