



October 19, 2018
State Capitol
South Lawn
10:30-2:30

- HEALTH TALKS
- MEDICATION THERAPY MANAGEMENT
- HEALTH FAIR VENDORS
- EXERCISE DEMOS
- DOOR PRIZES
- AGENCY TAILGATE COMPETITION
- FOOD TRUCKS & MORE!

#shapeupatthecapitol

Health Talks

Three health information sessions offered every thirty minutes. See the schedule for more information.

Blood Sugar Screening & Flu Shots

State and School Employees' Health Insurance Plan participants must provide their insurance ID card to receive a free flu shot or blood sugar screening. To donate blood, you must also provide a current driver's license.



To help us better serve you, please go to <http://SIGNUP.COM/GO/yCXnyCK> to sign up for Health Talks, medication therapy management, flu shots, blood sugar screenings and MORE!!!

SPACE IS LIMITED!