



REGISTRATION

Pre-register online at www.raceroster.com or complete a registration form and return it to Hospice Ministries at the address listed by April 25, 2017. Or you may drop off your registration at our office.

PACKET PICK-UP

Packets may be picked up at Hospice Ministries from 12:00 PM to 6:00 PM on Friday April 28, and race day beginning at 7:00 AM.

TEAMS AND GROUPS

Participants are encouraged to walk or run as a team or a group. Teams are a great way to show your support for a patient or loved one. Many teams wear signature items centered around

AWARDS

Awards include Mal

The proceeds from the Celebrate Life: A Run to Remember 5K on April 29, 2017 will go to benefit the renovation of Hospice Ministries' patient suites.

STARTING TIMES

- 5K Run 8:00 AM
- 5K Walk 8:05 AM
- 1 Mile Fun Run 9:00 AM

The course will begin and end at Hospice Ministries.

PARKING is available at Colonial Heights Baptist Church.

REGISTRATION FORM

		Pre Reg	Race Day
? 5K Run	8:00 AM	\$25	\$30
? 5K Walk	8:05 AM	\$25	\$30
? 1 Mile Fun Run	9:00 AM	\$15	\$20
? Spirit Runner** (**T-shirt Only)		\$15	
? Additional Donation		\$ _____	
	Total	\$ _____	

Make Checks Payable to **Hospice Ministries**
(Attn: Virginia)

Name _____

Address _____

Phone _____

Email _____

Age _____ Birthdate _____

Team/Group Name _____

? Male ? Female

T-shirt size (check ONE) Guaranteed for registrations received by March 31.

? Small ? Large ? XX-Large
? Medium ? X-Large ? 3XL

