

10th Annual Run Forest Run

May 11, 2019

Relay for Life!

Race Organized by Bank of Forest

Forest Insurance Agency

Diversified Mortgage Corporation

****GREAT FOOD & DOOR PRIZES!****



Bank Wisely.™



Member FDIC



When: Saturday, May 11, 2019
7:00 to 7:45 am (registration and packet pick up)
8:00 am 5K Race (runners and walkers)
9:00 am ½ Mile Fun Run

Where: Bank of Forest
211 West 3rd Street
Forest, MS 39074

5K Run and Walk Awards
Overall Male & Female winners plus top three in each age group will be awarded prizes.
19 and under, 20-34, 35-49, 50-64, 65 and up

½ Mile Fun Run Awards
Overall Male & Female winner will receive award
All participants will receive participation award

Registration:

Early Bird Entry Fee

5K Run & 5K Walk \$20

(Postmarked by May 6, 2019)
***Also includes 2 chances to win door prizes. Only one will win!*

Fun Run fee \$10 (t-shirt not included)
T shirts not guaranteed after May 7th

**T shirt only
Late Entry Fee**

\$10 by May 7th
5k Run & 5K Walk fee \$25

(Postmarked after May 6, 2019)

Fun Run fee \$10 (t-shirt not included)

NO REFUNDS

PRINT OUT FORMS at

www.mstrackclub.com,

www.bkforest.com

Bank of Forest, Forest Insurance
Bank of Forest-Flowood,
Bank of Walnut Grove

Make checks payable to: **Bank of Forest**
Send entry form and fees to:

Bank of Forest
Attn: Brady Power
PO Box 60
Forest, MS 39074

Circle Event	5K Run	5K Walk	½ Mile Fun Run	T Shirt only (\$10)
Circle T-Shirt Size	Adult Small	Adult Medium	Adult Large	Adult X-Large
				Adult XXL (add \$2 to entry fee)

Name _____ Age _____ Gender _____

Address: _____

E-mail: _____ Phone # _____

Release and Waiver

I, the undersigned, in consideration of acceptance of the entry and registration as participant in Run Forest Run to Relay for Life hold harmless and waive any and all claims which I and my heirs or assigns may now or hereafter have against Bank of Forest, Forest Insurance Agency, and Diversified Mortgage Company, its members, volunteers, sponsors, and all officials; City of Forest and its members, volunteers, sponsors, and all officials which may indirectly or directly result from my participation in this event. I further warrant and represent that I am in proper physical condition to participate in this event and am not participating in this event against physician's advice nor am I taking medications which would impair my health or ability to participate in this event

Participant's Signature _____ Date _____

Signature of Parent of Guardian (if participant is under 18) _____