

ONE STEP FORWARD,
TWO BITES LESS



5k RUN-WALK • 10k FUN RUN & HEALTH FAIR

AUGUST 10, 2019

TIME:

Registration & Packet Pickup
begins at 5:30am

Race starts: **7:30 AM**

WHERE:

MS Sports Hall of Fame
1152 Lakeland Dr.
Jackson, MS 39216
I-55 to exit 98B

65x65 is the health outcome goal set by Mississippi's community health centers — 65,000 fewer Mississippians with the disease of obesity by 2065.

Source: chcams.org/65x65-source/

Register at 65x65.com for the Metro area event. Races and activities are planned statewide for this one-day, multi-location event. Check with your local community health center to see what is planned in your area.

REGISTRATION INFORMATION

5K - \$20 early registration
\$25 after August 4, 2019
\$30 RACE DAY registration

10K - \$25 early registration
\$30 after August 4, 2019
\$35 RACE DAY registration

Kids Fun Run - Free

FREE Community Health Fair

Celebrating America's
Health Centers: The Key to
Healthy Communities

8:30am - 11:00am

FREE Screenings: Weight • BMI
(Body Mass Index) • Blood Pressure •
Blood Glucose • Cholesterol

Register online at 65x65.com

Presented by:



Community Health Center
Association of Mississippi

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